

Bedford

Cafe - Restaurant



1 EAST BEDFORD PARK BLVD.
(718) 365-3416/3446

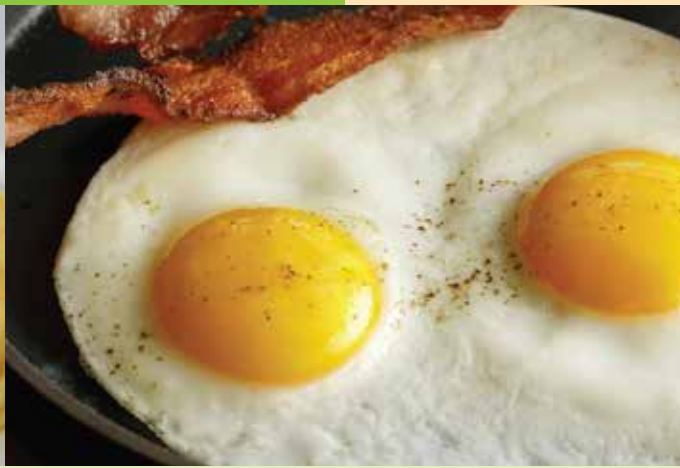


Cereal

	CASH	CARD
COLD CEREAL	5.25	5.46
HOT CEREAL	5.25	5.46
GRITS.....	5.25	5.46

Fruitt & Juiced

	CASH	CARD	CASH	CARD
FRESH FRUIT CUP.....	6.95	7.23		
MELON, IN SEASON	6.25	6.50		
CHILLED JUICES	MED 3.50	3.64	LG 4.25	4.42



Egg & Omelettes

	CASH	CARD
TWO EGGS ANY STYLE	8.95	9.31
<i>With Bacon, Ham Or Sausage</i>	10.95	11.39
<i>With Corned Beef Hash</i>	11.50	11.96
<i>With Canadian Bacon</i>	11.25	11.70
<i>With Turkey Or Beef Sausage Or Turkey Bacon</i>	11.25	11.70
BACON OR HAM OMELETTE.....	11.25	11.70
CHEESE OMELETTE <i>American, Swiss or Cheddar</i>	11.25	11.70
WESTERN OMELETTE.....	11.25	11.70
SALAMI OMELETTE, PANCAKE STYLE	11.25	11.70
MUSHROOM OMELETTE.....	11.25	11.70
FETA CHEESE OMELETTE.....	11.25	11.70
FRESH TOMATO & FETA CHEESE OMELETTE.....	11.75	12.22
SPINACH OMELETTE	10.75	11.18
SPINACH & FETA OMELETTE.....	12.25	12.74
LOX & ONION OMELETTE.....	14.75	15.34
ONION OMELETTE.....	10.75	11.18
BROCCOLI OMELETTE.....	10.75	11.18
SPANISH OMELETTE.....	10.95	11.39
EGGS FLORENTINE	12.25	12.74
FRESH TOMATO & BASIL OMELETTE	10.95	11.39

	CASH	CARD
<i>Any combination omelette - per item</i>	2.50	2.60
<i>Muffin or bagel extra</i>	1.75	1.82
<i>Egg whites extra</i>	1.00	1.04
<i>Additional egg</i>	2.00	2.08

SIDE ORDER OF BACON, HAM OR SAUSAGE	5.25	5.46
SIDE ORDER OF CANADIAN BACON	5.50	5.72
SIDE ORDER OF CORNED BEEF HASH.....	5.95	6.19
SIDE ORDER OF TURKEY OR BEEF SAUSAGE	5.50	5.72

HOT MEXICAN OMELETTE.....	13.45	13.99
CHILI, CHEDDAR CHEESE & JALAPEÑO		
HUEVOS CON CHORIZO	13.45	13.99
BREAKFAST TACOS (3) WITH CHORIZO	13.75	14.30

Gourmet Combination 3 Egg Omelettes

	CASH	CARD
BROCCOLI & CHEDDAR CHEESE.....	12.45	12.95
AVOCADO, TURKEY BREAST & SWISS CHEESE	13.95	14.51
CALIFORNIA OMELETTE.....	13.75	14.30
MUSHROOMS, AVOCADO AND CHEDDAR		
MUSHROOM, TURKEY & CHEDDAR CHEESE	13.75	14.30
CHEF'S OMELETTE <i>Avocado, spinach & Swiss</i>	13.75	14.30
VEGETARIAN OMELETTE	12.25	12.74
PEPPERS, ONIONS, TOMATOES, MUSHROOMS.....		
VEGETARIAN & CHOICE OF CHEESE	13.45	13.99

	CASH	CARD
<i>Any combination omelette - per item</i>	2.50	2.60
<i>Muffin or bagel extra</i>	1.75	1.82
<i>Egg whites extra</i>	1.00	1.04
<i>Additional egg</i>	2.00	2.08

The Lighter Side... 3 Egg White Omelettes

(Low Cholesterol) Served With Potatoes & Toast

	CASH	CARD
TURKEY SCRAMBLE	12.75	13.26
FRESH MUSHROOMS, SPINACH & ONIONS.....	12.50	13.00
VEGETARIAN OMELETTE	12.50	13.00
BROCCOLI OMELETTE.....	12.50	13.00
LOX & ONION OMELETTE.....	15.25	15.86

- Muffin or Bagel ¢1.75 CASH / ¢1.82 CARD
- Lettuce & Tomato ¢1.50 CASH / ¢1.56 CARD
- Any Combination Omelette ¢2.50 CASH / ¢2.60 CARD



**HOT MEXICAN OMELETTE
W/ CHILI CHEDDAR
CHEESE & JALAPEÑOS**

CASH CARD
13.45.....13.99

**N.Y. CUT SIRLOIN
STEAK & EGGS**

CASH CARD
22.95.....23.87



Irish Breakfast

	CASH	CARD
TWO EGGS & IRISH BACON with fried tomato	12.25	12.74
TWO EGGS & IRISH SAUSAGE with fried tomato	12.25	12.74
IRISH MIX BREAKFAST	13.25	13.78

Bacon, irish sausage, fried tomato with black & white pudding

Lumberjack

**ONE PANCAKE, 2 EGGS, BACON,
HAM & SAUSAGE**

CASH CARD
13.45.....13.99

**WAFFLE AND
CHICKEN TENDERS**

CASH CARD
14.95....15.55

PLATES TO GO EXTRA **¢25** CASH / EXTRA **¢26** CARD
CONTAINERS TO GO EXTRA **¢10** CASH / EXTRA **¢1.04** CARD



From The Griddle

	CASH	CARD
WHOLE WHEAT PANCAKES	9.75	10.14
PANCAKES OR FRENCH TOAST	9.75	10.14
With two eggs	10.95	11.39
With bacon, ham or sausage	11.75	12.22
With canadian bacon	11.95	12.43
With turkey or beef sausage or turkey bacon	11.95	12.43
With two eggs & bacon, ham or sausage	12.95	13.47
With two eggs & beef sausage or turkey bacon	13.25	13.78
Or canadian bacon	13.25	13.78
Chocolate chip pancakes	10.75	11.16
Buttermilk pancakes filled with chocolate chips		

	CASH	CARD
FRESH BLUEBERRY OR BANANA PANCAKES	10.75	11.16
With two eggs	11.95	12.43
With bacon, ham or sausage	12.75	13.23
With canadian bacon	12.95	13.47
With turkey or beef sausage or turkey bacon	12.95	13.47
With two eggs & bacon, ham or sausage	13.50	14.04
With two eggs & beef sausage or turkey bacon	13.75	14.30
Or canadian bacon	13.75	14.30

	CASH	CARD
BELGIAN WAFFLE	9.95	10.34
With two eggs	11.25	11.70
With bacon, ham or sausage	11.95	12.43
WITH CANADIAN BACON	12.25	12.73
With turkey or beef sausage or turkey bacon	12.25	12.73
With two eggs & bacon or ham or sausage	13.25	13.78
With two eggs & beef sausage or turkey bacon	13.75	14.29
Or canadian bacon	13.75	14.29
With fruit	11.25	11.70
With ice cream	11.25	11.70
WAFFLE SUNDAE	14.95	15.54

2 scoops of ice cream, banana and whipped cream



Bagelry

	CASH	CARD
TOASTED BAGEL	2.75	2.86
With cream cheese	6.75	7.02
With schmear	4.25	4.42
With nova scotia lox	14.25	14.82
With nova scotia lox, cream cheese & onion	15.95	16.59
BAGEL ALL THE WAY	17.95	18.67
Toasted bagel with nova scotia lox, cream cheese, lettuce, tomato, onion & garnish		
ROLL OR TOAST	2.25	2.34
LARGE TOASTED ENGLISH MUFFIN	2.75	2.86
FRESHLY BAKED MUFFINS corn, bran or blueberry	3.25	3.38
ASSORTED POUND CAKES	3.95	4.11
ASSORTED DANISH & COOKIES	3.95	4.11
CROISSANT	3.95	4.11



Consumer Advisory Warning For Raw Foods:
In compliance with the Department Of Public Health,
we advise that eating raw or undercooked meat, poultry
or seafood poses a risk to your health.
Please notify your server if anyone in your party has
a food allergy. Add state tax to all prices.
Prices, items & offers are subject to change without notice.
Not Responsible for typographical errors.

Photos are for suggestion only.
Actual platter may appear different.

Bedford's Cheese Steak

Grilled thin sliced sirloin steak on hero bread topped w/ sautéed onions & swiss cheese Served w/ french fries
Cash 14.50 / Card 15.08

Junior Steak Deluxe

Junior sirloin steak on toasted garlic bread w/ tomato & lettuce and served w/ french fries & onion rings
Cash 22.75 / Card 23.66

Hot Open Sandwiches

	CASH	CARD
HOT OPEN TURKEY.....	19.75	20.54
HOT OPEN ROAST BEEF, Au Jus.....	19.75	20.54

Served With Potatoes, Vegetable, Soup Or Salad

Baked Potato Corner

WITH CHOICE OF CHEESE	5.25	5.46
WITH CHEESE & BROCCOLI	6.25	6.50
WITH CHEESE & BACON STRIPS.....	6.95	7.23
WITH CHEESE, MUSHROOMS & HAM	7.25	7.54

CHICKEN CUTLET HERO.....	CASH	CARD	CHICKEN CUTLET PARMIGIANA	CASH	CARD
	9.95	10.40		10.95	11.44

Quesadilla

Garnished w/ guacamole, salsa & sour cream

TRADITIONAL QUESADILLAS.....	CASH	CARD
	13.45	13.98
<i>Grilled flour tortillas filled w/ melted cheese</i>		
CHICKEN QUESADILLAS	15.45	16.06
<i>Grilled flour tortilla filled w/ diced chicken & melted cheese</i>		
BBQ CHICKEN QUESADILLAS	15.45	16.06
<i>Lsx ayered w/ grilled chicken breast, chopped green peppers, bbq sauce & melted cheese</i>		
CAJUN CHICKEN QUESADILLAS.....	15.45	16.06
STEAK QUESADILLAS	22.25	23.14
<i>Grilled flour tortillas filled w/ diced sirloin steak & melted cheese</i>		
SHRIMP QUESADILLAS	22.25	23.14
<i>flour tortilla filled w/ shrimps & melted cheese</i>		



Bedford Burgers

Special served with french fries



All burgers are 7 oz. of the finest quality meat & served on a sesame seed bun with coleslaw..

Special served with french fries. **Deluxe** served with french fries, lettuce, tomato

Bacon extra 2.50 Cash / 2.60 card • Onion rings extra 2.50 cash / 2.60 card

• Sweet potato fries or Waffle Fries extra 2.25 cash / 2.34 card • Onions extra 75¢ cash / 78¢ card

	CASH	CARD	CASH	CARD	CASH	CARD
	REGULAR	REGULAR	SPECIAL	SPECIAL	DELUXE	DELUXE
HAMBURGER	8.25	8.58	10.75	11.18	11.75	12.22
CHEESEBURGER	8.70	9.05	11.20	11.65	12.25	12.74
<i>Choice of American, Swiss, cheddar or mozzarella</i>						
FETA CHEESEBURGER	8.95	9.31	11.50	11.96	12.45	12.95
GUACAMOLE BURGER.....	8.95	9.31	11.50	11.96	12.45	12.95
PIZZA BURGER	8.95	9.31	11.50	11.96	12.45	12.95
CHILI BURGER.....	8.95	9.31	11.50	11.96	12.45	12.95
VEGETABLE BURGER	8.45	8.79	10.95	11.39	11.95	12.43
WITH CHEESE.....	8.95	9.31	10.95	11.39	11.95	12.43
TURKEY BURGER	8.45	8.79	10.95	11.39	11.95	12.43
WITH CHEESE.....	8.95	9.31	11.50	11.96	12.45	12.95
FRESH MUSHROOM BURGER.....	8.95	9.31	11.50	11.96	12.45	12.95
WITH CHEESE.....	9.45	9.83	11.95	12.43	12.95	13.47
AVOCADO BURGER.....	9.45	9.83	12.20	12.69	13.45	13.99
WITH CHEESE.....	9.95	10.35	12.70	13.21	13.95	14.51
TEXAS BURGER (ONE FRIED EGG)	8.95	9.31	11.50	11.96	12.45	12.95
WITH CHEESE.....	9.45	9.83	11.95	12.43	12.95	13.47
TWIN BURGER.....	14.95	15.55	16.95	17.63	17.95	18.67
WITH CHEESE.....	15.95	16.59	17.95	18.67	18.95	19.71
BEDFORD'S SUPER BURGER DELUXE					14.45	15.03
<i>Swiss cheese, fresh mushrooms, fried onions & bacon, french fries, lettuce, tomato, role slaw & pickle</i>						
BEDFORD'S SUPER TURKEY BURGER DELUXE.....					14.75	15.34
<i>Swiss cheese, fresh mushrooms, fried onions & bacon, french fries, lettuce, tomato, sole slaw & pickle</i>						

Side Dishes

	CASH	CARD		CASH	CARD
FRENCH FRIES.....	4.95	5.15	RICE & BEANS	8.25	8.58
POTATO SKINS.....	4.95	5.15	COLE SLAW	4.95	5.15
SWEET POTATO FRIES.....	6.25	6.50	ONION RINGS	6.50	6.76
POTATO SALAD	4.95	5.15	TOSSED SALAD.....	6.75	7.02
WAFFLE FRIES	6.25	6.50	TOSTONES.....	6.25	6.50
RICE.....	6.25	6.50	COTTAGE CHEESE.....	4.95	5.15
DISCO FRIES.....	7.25	7.54	FRESH MASHED POTATOES	4.95	5.15
<i>WITH MELTED CHEESE & GRAVY</i>			FRESH VEGETABLE	5.95	6.19



Soup of the Day

CUP - Cash 3.75 / Card 3.90
 BOWL Cash 4.95 / Card 5.15
 w/ bread (Cash 1.00 extra / Card 1.04)

Tasty Sandwiches

	CASH	CARD
TUNA FISH SALAD.....	8.70	9.05
BACON, LETTUCE & TOMATO.....	8.25	8.58
AMERICAN OR SWISS CHEESE.....	6.75	7.02
INDIVIDUAL SALMON	9.50	9.88
INDIVIDUAL SARDINE OR TUNA.....	9.50	9.88
TUNA MELT	10.50	10.92
<i>W/ american or swiss cheese</i>		
TUNA MELT	11.50	11.96
<i>w/ swiss cheese on pita</i>		
GRILLED CHEESE	6.75	7.02
<i>(choice of cheese)</i>		
<i>W/ tomato</i>	7.25	7.54
<i>W/ bacon or ham</i>	7.95	8.27
<i>W/ bacon or ham And tomato</i>	8.45	8.79
	CASH	CARD
CHICKEN SALAD.....	8.50	8.84
<i>w/ bacon</i>	10.50	10.92
EGG SALAD.....	7.75	8.06
<i>w/ bacon</i>	9.70	10.09
FRIED SOLE FILLET ...	12.70	13.21
<i>w/ cheese</i>	13.70	14.25
CHCKN SALAD MELT	10.50	10.92
<i>on pita</i>	11.50	11.96

Combination Sandwiches

	CASH	CARD
CORNED BEEF & PASTRAMI	12.50	13.00
FRESH TURKEY & SWISS CHEESE	12.20	12.69
ROAST BEEF & SWISS CHEESE	12.20	12.69
CORNED BEEF, PASTRAMI & SWISS.....	13.00	13.52
ROAST TURKEY <i>w/ avocado on a pita</i>	13.70	14.25
PASTRAMI & SWISS CHEESE	12.20	12.69
SALAMI & SWISS CHEESE.....	9.95	10.35
HAM & SWISS CHEESE.....	9.95	10.35
ROAST BEEF & TURKEY.....	12.50	13.00

Breakfast Sandwiches

	CASH	CARD
HAM OR BACON & EGG.....	5.75	5.98
<i>With 2 eggs</i>	6.45	6.71
WESTERN EGG	5.75	5.98
<i>With 2 eggs</i>	6.45	6.71
FRIED EGG	4.75	4.94
<i>With 2 eggs</i>	5.75	5.98
SLICED EGG (2).....	6.75	7.02
BACON OR SAUSAGE SANDWICH	6.45	6.71
TURKEY OR BEEF SAUSAGE SANDWICH	6.95	7.23
BAGEL WITH CREAM CHEESE & BACON	6.95	7.23

Reuben Sandwich

CASH 13.95 CARD 14.51

CHOICE OF CORNED BEEF OR PASTRAMI ON TOASTED RYE BREAD
 w/ melted swiss cheese & sauerkraut

Beef or Chicken Gyro

ON PITA BREAD W/ LETTUCE, TOMATO, ONIONS,
 TZATZIKI SAUCE

	CASH	CARD
SANDWICH	10.25	10.66
PLATTER <i>w/ greek salad & french fries</i>	14.75	15.34

Beef or Chicken Souvlaki

	CASH	CARD
ON PITA BREAD W/ LETTUCE, TOMATO, ONIONS, SAUCE - SANDWICH.....	10.75	11.18
PLATTER <i>w/ greek salad & french fries</i>	14.95	15.55

Deli Sandwiches

LONDON BROIL	13.95	14.51
ROAST BEEF.....	11.45	11.91
MEAT LOAF.....	10.95	11.39
FRESH ROAST TURKEY.....	11.45	11.91
CORNED BEEF OR PASTRAMI	11.45	11.91
BOILED HAM	8.95	9.31
SALAMI	8.95	9.31

Served with pickles & coleslaw

Tomato extra / Cash 1.50 - Card 1.56 • Cheese 1.50 - Card 1.56 extra
 • Bacon, Ham, Sausage extra 2.50 cash / 2.60 Card • Onions 75¢ Cash / 78¢ Card
Served on pita card Cash 1.00 / Card 1.04 extra • Hero Cash 75¢ extra / 78¢ Card
 • Bagel extra 1.75 cash / 1.82 card • English Muffin extra 1.75 cash / 1.82 Card

Above served w/ french fries, pickles & coleslaw

All sandwiches can be served as deluxe for Extra 3.50 Cash / 3.64 Card

Triple Decker Sandwiches

	CASH	CARD
TURKEY <i>w/ bacon, lettuce, tomato</i>	13.75	14.30
TURKEY <i>w/ bacon, lettuce, tomato & avocado</i>	15.25	15.86
ROAST BEEF <i>w/ bacon, lettuce, tomato</i>	13.75	14.30
TUNA SALAD <i>w/ sliced egg, lettuce & tomato</i>	13.75	14.30
CHICKEN SALAD W/ BACON, LETTUCE & TOMATO.....	13.75	14.30
EGG SALAD W/ BACON, LETTUCE & TOMATO.....	12.95	13.47
GRILLED CHICKEN	15.95	16.59
W/ AVOCADO, BACON, LETTUCE, TOMATO		
GRILLED CHICKEN <i>w/ bacon, lettuce & tomato</i>	14.75	15.34

Served w/ french fries, pickles & coleslaw

Grilled Chicken

	CASH	CARD
GRILLED CHICKEN SANDWICH	9.95	10.35
GRILLED CHICKEN DELUXE.....	12.95	13.47
GRILLED CHICKEN MELT <i>with Swiss Cheese</i>	11.25	11.70
GRILLED CHICKEN MELT <i>with Swiss Cheese on Pita</i>	12.75	13.26
GRILLED CHICKEN <i>on Pita</i>	10.95	11.39
GRILLED CHICKEN <i>with Avocado on Pita</i>	13.95	14.51
GRILLED CHICKEN HERO <i>with Lettuce & Tomato</i>	10.95	11.39
GRILLED CHICKEN JALAPEÑO TACOS (2).....	13.25	13.78
BLACKENED GRILLED CHICKEN TACOS (2).....	13.25	13.78
GRILLED CHICKEN <i>w/ Salad & Feta Cheese on Pita</i>	13.25	13.78
BLACKENED GRILLED CHICKEN SANDWICH	10.95	11.39

	CASH	CARD
BOWL OR CHILI CON CARNE with cheddar cheese	8.75	9.10
CHULETAS FRITAS W/Rice, beans & salad	19.75	20.54
CHICKEN FAJITAS over pita bread	13.75	14.30
CHICKEN FINGERS with french fries	14.25	14.82
FISH & CHIPS	14.25	14.82
ARROZ CON POLLO with beans, served with salad	18.95	19.71
STEAK TIPS over rice, served with soup or salad	22.95	23.87

	CASH	CARD
MELON WITH LOW FAT COTTAGE CHEESE	9.75	10.14
CALIFORNIA HEALTH SALAD	11.25	11.70
with cottage cheese, fruit salad & jello		
FRESH FRUIT SALAD & COTTAGE CHEESE	10.75	11.18
HOMEMADE SPINACH PIE	12.75	13.26
feta cheese, spinach & filo dough		
HOMEMADE SPINACH PIE with small greek salad	15.95	16.59

Garden & Diet Delights

	CASH	CARD
CALIFORNIA COBB sliced chicken strips, Avocado, hard boiled egg, tomato & cheese	16.25	16.90
GRILLED CHICKEN BREAST With fresh steamed vegetables	15.95	16.59
GRILLED CHICKEN With chopped avocado over mixed salad	16.95	17.63
SLICED TURKEY on a bed of lettuce Tomato, sliced cucumber, cole slaw & garnish	12.75	13.26
STUFFED AVOCADO with tuna or chicken salad	12.25	12.74
COLD CHICKEN STRIPS & AVOCADO W/ cottage cheese, lettuce, tomato, cucumber & garnish	16.75	17.42
CHICKEN SALAD on a bed of lettuce Tomato, sliced cucumber, cole slaw & garnish	10.75	11.18
TUNA SALAD on a bed of lettuce Tomato, sliced cucumber, cole slaw & garnish	10.75	11.18
EGG SALAD on a bed of lettuce Tomato, sliced cucumber, cole slaw & garnish	10.75	11.18
INDIVIDUAL TUNA OR SALMON on a bed of lettuce With tomato, sliced cucumber, cole slaw & garnish	11.25	11.70

	CASH	CARD
GARDEN DELIGHTS avocado, turkey breast, Fresh mushrooms, tomato & garnish	14.95	15.55
GRILLED CHICKEN over mixed green salad	14.95	15.55
GRILLED SHRIMP over mixed green salad	23.95	24.91
CAESAR SALAD Sm 8.95... sm 9.31lg 10.95 lg 11.39		
GRILLED CHICKEN over caesar salad	14.95	15.55
GRILLED SHRIMP over caesar salad	23.95	24.91
GRILLED SHRIMP Over mixed green salad with avocado	24.95	25.95
GARDEN SALAD With fresh mushrooms, hard boiled egg & dressing	11.25	11.70
LO-CAL 7 OZ TURKEY BURGER With cottage cheese on a bed of lettuce, tomato, garnish	11.95	12.43
SOLID WHITE TUNA On mixed green salad with hard boiled egg & garnish	11.25	11.70
FRESH HOUSE STEAMED VEGETABLE PLATTER	11.95	12.43
FRESH ROAST TURKEY Chopped over mixed green salad	13.95	14.51

Cold Salad Platters

All Salads Can Be Served With Our Special House Dressing On Request

	CASH	CARD
TUNA SALAD ON A BED OF CRISP LETTUCE Potato salad, cole slaw, cucumbers, tomatoes, hard boiled egg & garnish	11.25	11.70
CHICKEN SALAD on a bed of crisp lettuce, Potato salad, cole slaw, cucumbers, tomatoes, hard boiled egg & garnish	11.25	11.70
INDIVIDUAL SALMON, SARDINES OR TUNA on a bed of crisp lettuce. Potato salad, cole slaw, cucumbers, tomatoes hard boiled egg & garnish	12.95	13.47
EGG SALAD PLATTER	10.95	11.39
GREEK SALAD Sm 9.95 .. Sm 10.35.... Lg 12.95 Lg 13.47		
WITH GRILLED CHICKEN Feta cheese, lettuce, tomato, anchovies, cucumber, olives, scallions, stuffed grape leaves on a bed of lettuce	6.00	6.24
CHEF'S SALAD ROAST BEEF, TURKEY ham, Swiss cheese, tomatoes, cucumbers, hard boiled egg & garnish	15.75	16.38
GREEK ANTIPASTO WITH PITA BREAD Grape leaves, feta, olives, anchovies, lettuce, tomato, cucumber, hard boiled egg & garnish	14.75	15.34

Chicken

Served with pasta, soup or salad

	CASH	CARD
BREAST OF CHICKEN SAUTÉED Sundried tomatoes, mushrooms, garlic, basil, wine sauce	19.25	20.02
BREAST OF CHICKEN ARTICHOKE & PEAS in a light oil sauce	19.25	20.02
BREAST OF CHICKEN MUSHROOMS broccoli, garlic, roasted red peppers & herbs	19.25	20.02
CHICKEN MARSALA	19.25	20.02
CHICKEN PICCATA	19.25	20.02
CHICKEN FRANCAISE	19.25	20.02
CHICKEN SCAMPI OVER RICE OR PASTA	19.25	20.02

Pasta

Served with soup or salad

	CASH	CARD
LINGUINI Chicken, artichokes, zucchini, mushrooms, broccoli, garlic & olive Oil	19.75	20.54
LINGUINI & SHRIMP ALLA PUTANESCA Sautéed shrimp, w/ capers, olives, anchovies, onions in a spicy marinara civet linguini	27.95	29.07
LINGUINI WITH SEAFOOD FRA DIAVOLO Shrimp, scallops, clams, mussels, calamari with spicy tomato sauce over linguini	32.95	34.27
LINGUINI PRIMAVERA with chicken & shrimp	26.95	28.03
LINGUINI WITH CHICKEN & BROCCOLI	19.75	20.54
LINGUINI BOLOGNESE	18.75	19.50
SPAGHETTI CARBONARA	18.75	19.50
PENNE WITH FRESH TOMATO BASIL	16.95	17.63
PENNE ALLA VODKA	16.95	16.63
PENNE with Chicken Alla Vodka	19.75	20.54
PENNE with Chicken sundried tomatoes, mushrooms.	19.75	20.54
PENNE with Broccoli, garlic & oil	16.95	16.63
PENNE w Sundried tomatoes, onions, shitake mushrooms in a white wine sauce, garlic & herbs	16.95	16.63
PENNE w/ Fresh Meat Sauce & tomato basil sauce	18.75	19.50
PENNE with Artichokes, peas, mushrooms, fresh garlic, white wine sauce	17.25	17.94
FETTUCCINE ALFREDO	16.95	16.63
WITH CHICKEN	19.75	20.54
FETTUCCINE with chicken & fresh tomatoes	19.75	20.54
SPICY CHICKEN with broccoli over fettuccine	19.75	20.54
SPICY CHICKEN with fresh vegetables over rice	19.75	20.54
SPICY SHRIMP with fresh vegetables over rice	27.95	29.07
SPICY SHRIMP with broccoli over fettuccine	27.95	29.07
ANGEL HAIR WITH SEAFOOD (red or white)	27.95	29.07
ZUPPA DI PESCE SEAFOOD COMBINATION: (FOR 1) Cash 40.95.Card 42.59...(FOR 2) Cash 48.95.Card 50.91 Lobster tail, jumbo shrimp, calamari, fresh clams, scallop & mussels in a spicy marinara sauce sit on a bed of linguini		

Steak & entrees

Served With Soup Or Salad, Potato & Vegetable Or Rice & Pasta

	CASH	CARD
NY CUT SIRLOIN STEAK ... Sm28.95 .. Sm30.11.Lg33.95.Lg35.31		
CHOPPED MEAT STEAK WITH ONIONS	19.25	20.02
HONEY DIPPED FRIED CHICKEN	18.45	19.19
ROAST SIRLOIN OF BEEF, AU JUS	19.75	20.54
CHICKEN CUTLET WITH SPAGHETTI	18.75	19.50
CHICKEN CUTLET PARMIGIANA With Spaghetti	20.25	21.06
ROAST TURKEY OR ROAST CHICKEN With Stuffing.	19.75	20.54
EGGPLANT PARMIGIANA	18.25	18.98
EGGPLANT & SHRIMP PARMIGIANA.....	26.45	27.51
LONDON BROIL	26.45	27.51
BROILED HALF CHICKEN	19.75	20.54
PORK CHOPS	21.45	22.31
GRILLED CHICKEN BREAST	19.75	20.54
BAKED MEAT LOAF.....	19.75	20.54
CHICKEN KABOB OVER RICE	19.75	20.54

BBQ SPARE RIBS	18.75	19.50
BBQ SPARE RIBS W/ CHICKEN	20.75	21.58
BBQ SPARE RIBS W/ SHRIMP	25.95	27.00
NY CUT SIRLOIN STEAK .. Sm36.95.Sm 38.43 Lg41.95 Lg43.63		
W/ Salmon		
NY CUT SIRLOIN STEAK (3)Sm37.95..... 39.47LG 42.9544.67		
W/ Shrimp		

Served With Soup Or Salad, Potato & Vegetable

MEATBALLS AND SPAGHETTI	18.75	19.75
SPAGHETTI W/ MEAT SAUCE	18.75	19.75

Served With Soup Or Salad

Seafood

	CASH	CARD
BROILED NORWEGIAN SALMON.....	24.95	25.95
BROILED FILLET OF SOLE.....	24.95	25.95
BROILED JUMBO SHRIMP	27.95	29.07
BROILED DEEP SEA SCALLOPS	27.95	29.07
BROILED SHRIMP & SCALLOPS.....	27.95	29.07
BROILED SEAFOOD COMBO	31.75	33.02
Fillet of sole, jumbo shrimp, scallops, stuffed dams		
STUFFED SHRIMP WITH CRABMEAT.....	28.95	30.11
STUFFED FILLET OF SOLE	26.95	28.03
STUFFED NORWEGIAN SALMON.....	26.95	28.03
CAPTAIN'S PLATTER	36.95	38.43
Broiled lobster tail, shrimp, scallops, fillet of sole, stuffed clams		
FRIED CALAMARI.....	22.25	23.14
FRIED SCALLOPS	26.95	28.03
FRIED FILLET OF SOLE	24.75	25.74
FRIED SHRIMP & SCALLOPS	28.95	30.11
FRIED SHRIMP.....	26.95	28.03
FRIED SEAFOOD COMBO	30.95	32.19

Jumbo & Shrimp Mediterraneo

Served with soup or salad

	CASH	CARD
SHRIMP ALLA FRA DIAVOLO.....	27.95	29.07
Jumbo shrimp in a spicy marinara sauce over angel hair pasta or rice		
SHRIMP ALLA MARINARA	27.95	29.07
Jumbo shrimp in a light fresh mariners sauce over linguini		
SHRIMP ALLA SCAMPI	27.95	29.07
Jumbo shrimp with broccoli, fresh tomatoes in white wine sauce with fresh garlic over fettuccini		
SHRIMP SANTORINI	27.95	29.07
fresh tomatoes & feta cheese with pasta		
NEW ORLEANS SHRIMP.....	27.95	29.07
(Spicy) over Rigatoni		
SHRIMP FRANCAISE OVER LINGUINI	27.95	29.07

Appetizers

	CASH	CARD
FETA CHEESE, TOMATO & BLACK OLIVES	8.95	9.31
JALAPEÑO POPPERS.....	9.25	9.62
(8) with marinara sauce or sour cream		
BUFFALO WINGS	11.95	12.43
MOZZARELLA STICKS	10.25	10.66
CHICKEN FINGERS.....	11.75	12.22
FRIED CALAMARI.....	15.25	15.86

	CASH	CARD	CASH	CARD
COMBO PLATTER	17.75	18.46	24.75	25.74
For 2 .. For 4				
Buffalo wings, chicken fingers, mozzarella sticks, potato skins & onion rings				

FRIED POTATO SKINS w/ bacon bits & melted cheese.	8.25	8.58
STUFFED GRAPE LEAVES	8.25	8.58
STUFFED CLAMS OR STUFFED MUSHROOMS	14.25	14.82
With Crabmeat		

CHEESE NACHOS Tortilla chips topped with	10.95	11.39
Mozzarella cheese, beans, jalapeño peppers & sour cream		
COCONUT SHRIMP With orange chili sauce	13.95	14.51
NACHO SUPREME Tortilla chips served with chili.....	13.75	14.30
Cheddar cheese guacamole jalapeños sour cream & tomatoes		

Gourmet Sandwiches & Wraps

	CASH	CARD
CHICKEN CAESAR WRAP	13.75	14.30

Grilled chicken breast, Bacon, romaine lettuce, caesar dressing

HONEY MUSTARD CHICKEN WRAP	13.75	14.30
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Grilled chicken with fresh mushrooms, lettuce, tomatoes, honey mustard dressing

PHILLY STEAK WRAP grilled sliced steak,	14.75	15.34
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Grilled onions, melted swiss, bbq sauce

TURKEY WRAP turkey, melted swiss,	13.75	14.30
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Bacon, romaine lettuce, tomatoes, mayo

TUNA SALAD WRAP	13.25	13.78
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avocado lettuce, Tomatoes, onion

CHICKEN SALAD WRAP BACON	13.25	13.78
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Romaine lettuce, tomatoes

BEEF FAJITA WRAP	14.75	15.34
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Grilled sliced london broil with roasted peppers & onions, grilled mushrooms & salsa dressing

BREAKFAST WRAP 2 fried eggs with ham,	12.75	13.26
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Melted cheddar cheese, lettuce, salsa

CHICKEN FAJITA WRAP grilled chicken,	13.95	14.51
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Roasted onions & peppers, lettuce, salsa

GRILLED CHICKEN AVOCADO WRAP	14.75	15.34
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Romaine, tomatoes, salad dressing

GREEK WRAP	13.75	14.30
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Beef gyro, lettuce, tomatoes, Onions, tzatziki sauce

MEX WRAP.....	14.25	14.82
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Spicy chicken, cheddar, avocado, Lettuce, tomatoes, sour cream

CHICKEN CAESAR SANDWICH	13.95	14.51
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Grilled chicken, bacon, romaine lettuce, caesar Dressing on hero bread

CHICKEN FLORENTINE SANDWICH	14.95	15.55
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Grilled chicken breast with spinach, feta cheese, grated parmesan cheese, marinara sauce On a hero bread

CHICKEN PIZZAIOLA SANDWICH	14.50	15.08
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Grilled chicken breast fresh mushrooms, marinara, grated parmesan & melted mozzarella on hero bread

BEDFORD'S SPECIAL SANDWICH	15.95	16.59
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Grilled chicken breast roasted peppers, sundried Tomatoes, fresh mozzarella cheese on garlic bread

SHRIMP FLORENTINE PARMIGIANA.....	16.95	17.63
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Sandwich on hero bread grilled shrimp w/ spinach, feta, scallions, grated parmesan cheese, marinate, melted mozzarella

Kids & Menu

FOR CHILDREN UNDER 12 YEARS OLD /
NOT AVAILABLE FOR TAKE-OUT

	CASH	CARD
SPONGE-BOB Chicken Fingers with french fries <i>Ice cream or jello and small soda</i>	9.75	10.14
WONDER PETS HAMBURGER with french fries	9.25	9.61
ICE CREAM OR JELLO AND SMALL SODA		
ALADDIN SPAGHETTI WITH TOMATO SAUCE	9.25	9.61
ICE CREAM OR JELLO AND SMALL SODA		
HAPPY FEET GRILLED CHEESE WITH FRENCH FRIES.....	9.25	9.61
ICE CREAM OR JELLO AND SMALL SODA		



Refreshing Beverages

	CASH	CARD
COFFEE OR TEA	2.25	2.34
SANKA	2.25	2.34
ALL HERB TEAS	2.95	3.07
HOT CHOCOLATE	2.95	3.07
LARGE SODA	2.50	2.60
SODA WATER	1.95	2.03
ICED TEA	2.50	2.60
ICED COFFEE	3.75	3.90
ESPRESSO	3.50	3.64
CAPPUCCINO	4.95	5.14
HOMEMADE LEMONADE	4.95	5.14
MILK REGULAR OR SKIM	3.95	4.11
CHOCOLATE MILK	4.25	4.42
BOTTLE OF WATER	1.75	1.82
SNAPPLE DRINKS	2.95	3.07
RED BULL	4.25	4.42
JARRITOS	3.75	3.90



Desserts

	CASH	CARD
CHEESECAKE	6.95	7.23
STRAWBERRY CHEESECAKE	7.50	7.80
CHOCOLATE CAKE	6.95	7.23
CARROT CAKE	6.95	7.23
ALL FRUIT OR CREAM PIES	6.75	7.02
AL LA MODE	7.95	8.27
RICE PUDDING HOMEMADE	6.25	6.51
STRAWBERRY JELLO	5.25	5.46
STRAWBERRY SHORTCAKE	6.95	7.23
TRES LECHES	6.95	7.23
FLAN	6.25	6.51

From The Fountain

	CASH	CARD
MILKSHAKE	6.25	6.51
ICE CREAM SODA	6.25	6.51
EGG CREAM	3.95	4.11
ICE CREAM (2 SCOOPS)	6.95	7.23
VANILLA, CHOCOLATE OR STRAWBERRY SINGLE SCOOP OF ICE CREAM	5.75	5.98
ICE CREAM SUNDAE	8.75	9.10
WHIPPED CREAM, MIXED FRUITS & NUTS BANANA SPLIT	8.75	9.10



House Wine By The Glass

	CASH	CARD
RED WINE	8.25	8.59
MERLOT	8.25	8.59
CABERNET SAUVIGNON	8.25	8.59
PINOT GRIGIO	8.25	8.59
CHARDONNAY	8.25	8.59
BLUSH WINE		
WHITE ZINFANDEL	8.25	8.59
SANGRIA BY THE GLASS	8.25	8.59

Sangria BY THE GLASS 8.25

Beer



	CASH	CARD
BUD, BUD LIGHT OR COORS LIGHT	5.95	6.19
SAMUEL ADAMS	6.50	6.77
BASS ALE	6.50	6.77
HEINEKEN OR AMSTEL LIGHT	6.50	6.77
DOS XX, MODELO ESPECIAL, VICTORIA, BLUE MOON OR CORONA	6.50	6.77



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